



GALACTIC SHAMANISM
ART OF THE ANCIENTS, KEY TO TOMORROW
LESSON #4: POWER ANIMALS AND EARTH SPIRITS:
The Shamanic Art of Shape Shifting

STUDENT HANDOUT

Supply List:

1. "In Touch With Spirit: The Shamanic Journey: Workbook 1" Gwilda Wiyaka:
<http://amzn.to/2uQ7v0c>
2. "The Dream Codex" by Mary Summer Rain: <http://amzn.to/2u4xdBA>
3. "Animal Speak" by Ted Andrews: <http://amzn.to/2u9NxR9>
4. Journey CD or MP3 By Gwilda Wiyaka: either "Betwixt and Between":
CD <http://amzn.to/2tXI55M> MP3 <http://findyourpathhome.com/store>
or "On Wings of Spirit": CD: <http://amzn.to/2tXpTYC>
MP3: <http://findyourpathhome.com/store>
5. Bandana to cover eyes
6. Pillow and blanket to comfortably lie on floor
7. Journal and pen
8. Compass
9. Altar cloth
10. Rattle
11. Sage
12. Container to burn it in
13. Fire
14. Four directional markers
15. Candle and holder

16. Earthen bowl and water

New Items

17. Single terminated, clear quartz crystal

18. “Heartbeat of the Mother: Drumming for the Shamanic Dance” By StarFaihre: MP3:
<http://findyourpathhome.com/store>

To set your altar:

1) Smudge; yourself, all the participants, the room, and all the articles to be used.

2) Using your compass, align the altar cloth with the directions.

If your altar cloth has a directional pattern, place north at the top.

3) Starting in the east and working clockwise, place each directional stone or article, in the corresponding direction; east (yellow), south (red), west (black), and north (white).

4) Place the candle, and candle holder, in the center.

5) Put water into the bowl. And place it in the north west corner of your altar cloth.

Activating the Altar:

The Altar is activated using prayer. Start in the East, and work clockwise to South, West, and North, shaking your rattle, and evoking each direction:

Prayers:

Call in the corresponding direction, with your customized prayers from Lesson 3 Sacred Space:

Test for Certificate of Completion

Now that you have taken the fourth class in the Galactic Shamanism Series, you can choose to take the test for completion located at: <https://www.findyourpathhome.com/class-material> and send a word doc to: touchin@findyourpathhome.com.

Once a passing grade has been determined by a Path Home Certified Shamanic Instructor, you will be sent a certificate of completion for Class 4: Power Animals and Helping Spirits.

Further Studies

I sincerely hope you greatly benefit from these teachings, and that they support you and your loved ones during these times of rapid change.

The Galactic Shamanism: Art of the Ancients, Key to tomorrow: Of Earth series has six lessons.

The information builds upon itself, so it is important to take them in order.

OF EARTH

Class 1: The Medicine Wheel

Class 2: Lower World Shamanic Journey

Class 3: Sanctuary: Creating Sacred Space

Class 4: Power Animals: The Shamanic Art of Shape Shifting

Class 5: Elementals & Faery Folk

Class 6: Omenology

To be followed by:

Galactic Shamanism: Art of the Ancients, Key to tomorrow:

OF STARS

Lesson 7: Upper World Shamanic Journey

Lesson 8: Spirit Guides and Angels: Connecting with Your Higher Self & Galactic Beings

Lesson 9: Life Purpose

Lesson 10: The Art of Shamanic Ceremony

Lesson 11: The Dance of Shamanic Power (Chakras and Cauldrons of the Soul)

Lesson 12: Manifestation

We will continue to produce and offer more classes in these series.

In addition, we will be offering a children's series of classes: Children of Tomorrow: Galactic Gate Keepers.

More classes will continually become available on www.findyourpathhome.com, so, visit us often!