



GALACTIC SHAMANISM
ART OF THE ANCIENTS, KEY TO TOMORROW
LESSON #3: SANCTUARY:
The Shamanic Art of Sacred Space
STUDENT HANDOUT

Supply List:

For this class, you will need:

The following are available on: <https://www.findyourpathhome.com/class-material>

1. "Sanctuary: The Shamanic Art of Sacred Space, Workbook 1" by Gwilda Wiyaka
2. Journey CD or MP3: (either "Betwixt and Between" or "On Wings of Spirit") By Gwilda
3. "The Dream Codex" by Mary Summer Rain <http://amzn.to/2u4xdBA>
4. "Animal Speak" by Ted Andrews <http://amzn.to/2u9NxR9>

These articles you may already have or will need to collect on your own:

5. Bandana to cover eyes
6. Pillow and blanket to comfortably lie on floor
7. Journal and pen
8. Compass
9. Altar cloth
10. Rattle
11. Sage
12. Container to burn it in
13. Fire
14. Four directional markers
15. Candle and holder

16. Earthen bowl and water

To set your altar:

1) Smudge; yourself, all the participants, the room, and all the articles to be used.

2) Using your compass, align the altar cloth with the directions.

If your altar cloth has a directional pattern, place north at the top.

3) Starting in the east and working clockwise, place each directional stone or article, in the corresponding direction; east (yellow), south (red), west (black), and north (white).

4) Place the candle, and candle holder, in the center.

5) Put water into the bowl. And place it in the north west corner of your altar cloth.

Activating the Altar:

The Altar is activated using prayer. Start in the East, and work clockwise to South, West, and North, shaking your rattle, and evoking each direction:

Prayers:

Call in the corresponding direction, with the following prayers:

Prayer to the East:

Facing east shake your rattle and call:

Spirit of the East, please join us, sister. Land of dawn, springtime, innocence, childhood, of the element earth, and budding things.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the East, please join us.

Prayer to the South:

Facing South shake your rattle and call:

Spirit of the South, please join us, brother. Land of mid-day, summer, passion, co-creation, of the

element fire, and growing things.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the South, please join us.

Prayer to the West:

Facing west shake your rattle and call:

Spirit of the West, please join us, sister. Land of sunset, fall, discernment, inward turning, of the element water, and harvest.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the West, please join us.

Prayer to the North:

Facing north shake your rattle and call:

Spirit of the North, please join us, brother. Land of darkness, winter, the ancestors and elders, of

wisdom and gratitude, of the element air, and transmutation.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the North, please join us.

Prayer to the Earth:

Looking down shake your rattle and call:

Spirit of the Earth, please join us, blessed lady, mother of my body, planet of my birth, Gaia,

land of nurturance, and the feminine.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the Earth, please join us.

Prayer to the Sky:

Look to the sky shake your rattle and call:

Spirit of the Sky, please join us, land of the Star Nations, father of all living things, source of guidance.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of the Sky, please join us.

Prayer to Heart:

Place your hand over your heart, shake your rattle and call:

Spirit of Heart, please join us, land of unity, unconditional love, neutrality, and balance.

Please fill us and this space, with your gifts and powers, that we may share the wisdom of the shamanic way, to best serve all concerned.

Spirit of heart, please join us.

Activation:

Light the candle and state:

“It has begun.”

Test for Certificate of Completion

Now that you have taken the first class in the Galactic Shamanism Series, you can choose to take the test for completion and send the filled-out word doc to

touchin@findyourpathhome.com. Once a passing grade has been determined by a Path Home Certified Shamanic Instructor, you will be sent a certificate of completion for Class 1: The Medicine Wheel.

Further Studies

I sincerely hope you greatly benefit from these teachings, and that they support you and your loved ones during these times of rapid change.

The Galactic Shamanism: Art of the Ancients, Key to tomorrow: Of Earth series has six lessons. The information builds upon itself, so it is important to take them in order.

OF EARTH

Class 1: The Medicine Wheel

Class 2: Lower World Shamanic Journey

Class 3: Sanctuary: Creating Sacred Space

Class 4: Power Animals: The Shamanic Art of Shape Shifting

Class 5: Elementals & Faery Folk

Class 6: Omenology

To be followed by:

Galactic Shamanism: Art of the Ancients, Key to tomorrow:

OF STARS

Lesson 7: Upper World Shamanic Journey

Lesson 8: Spirit Guides and Angels: Connecting with Your Higher Self & Galactic Beings

Lesson 9: Life Purpose

Lesson 10: The Art of Shamanic Ceremony

Lesson 11: The Dance of Shamanic Power (Chakras and Cauldrons of the Soul)

Lesson 12: Manifestation

We will continue to produce and offer more classes in these series.

In addition, we will be offering a children's series of classes: Children of Tomorrow: Galactic Gate Keepers.

More classes will continually become available on www.findyourpathhome.com, so, visit us often!